

# SERMON ON THE MOUNT



SESSION 1

**Blessed  
Are You**



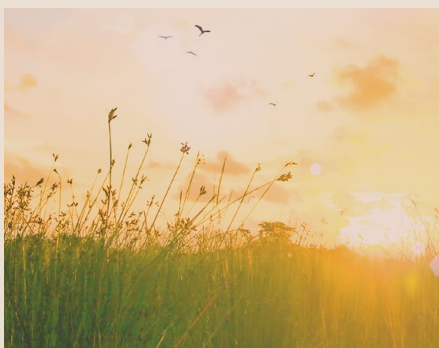
SESSION 2

**Salt and  
Light**



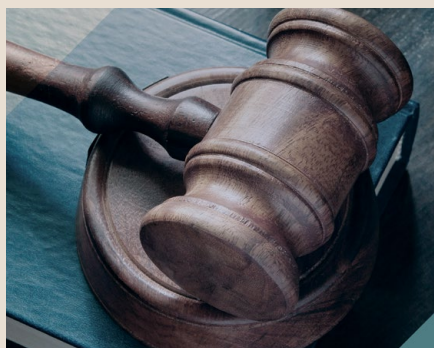
SESSION 3

**Prayer and  
Fasting**



SESSION 4

**Do Not  
Worry**



SESSION 5

**Judge  
Not**



SESSION 6

**Build  
on Rock**

A 6-SESSION **BIBLE STUDY** FOR LENT  
STUDENT GUIDE

















6. **Read Matthew 5:1-11.** Review the Beatitudes once more. How do these blessings describe us as believers today in this earthly life? In what ways do these blessings apply to our life in eternity?

**MATTHEW 5:3-10**

*Blessed are the poor in spirit, for theirs is the kingdom of heaven.*

**Blessed are those who mourn, for they shall be comforted.**

*Blessed are the meek, for they shall inherit the earth.*

**Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.**

*Blessed are the merciful, for they shall receive mercy.*

**Blessed are the pure in heart, for they shall see God.**

*Blessed are the peacemakers, for they shall be called sons of God.*

**Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.**

**CLOSING PRAYER**

Lord Jesus, long before your birth, your ancestor Abraham was told that his family would be a blessing to all the families on earth. You, Lord and Savior, are the offspring of Abraham, the one whose death and resurrection reconciled the world to God. Guide us by your Spirit so that we might serve others in love and share with them the Good News of salvation and so be a blessing to them both now and for eternity. Amen.

**BLESSED TO BE A BLESSING**

This week, look for ways in which you might be a blessing to others. Is there a special project within your congregation for which you could volunteer?

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# SERMON ON THE MOUNT

This six-session Bible study for Lent, or any time of the year, helps us better understand the teachings of Jesus in the Sermon on the Mount from the context of his suffering, death and resurrection. Based on the worship series of the same name, each session in this study includes Scripture readings from Matthew 5-7, questions for discussion, prayers and suggested activities.



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**SSTDD STUDENT**

